

Face/Ear Protection from Mask Pressure Ulcers

Disclaimer: This document is intended for educational and informational purposes only. It does not constitute medical advice. Follow institutional policies, manufacturer recommendations and principles of sound clinical judgment. It is the responsibility of each healthcare professional to verify with their institutional infection control team that any measures taken to prevent or manage PPE-related skin injuries do not interfere with the efficacy of the PPE nor are in conflict with any workplace policy. Individuals may require a repeat mask fit testing to ensure prevention and management efforts do not interfere with PPE efficacy. Clinicians should seal check N95 respirator masks before beginning patient care.

Ear Protection



- Cut a piece of Mepitac to fit over the TOP of your ear and down the posterior side.
- You may need to cut it in half width-wise.
- Cut it with the backing paper intact and then remove when it is sized properly.

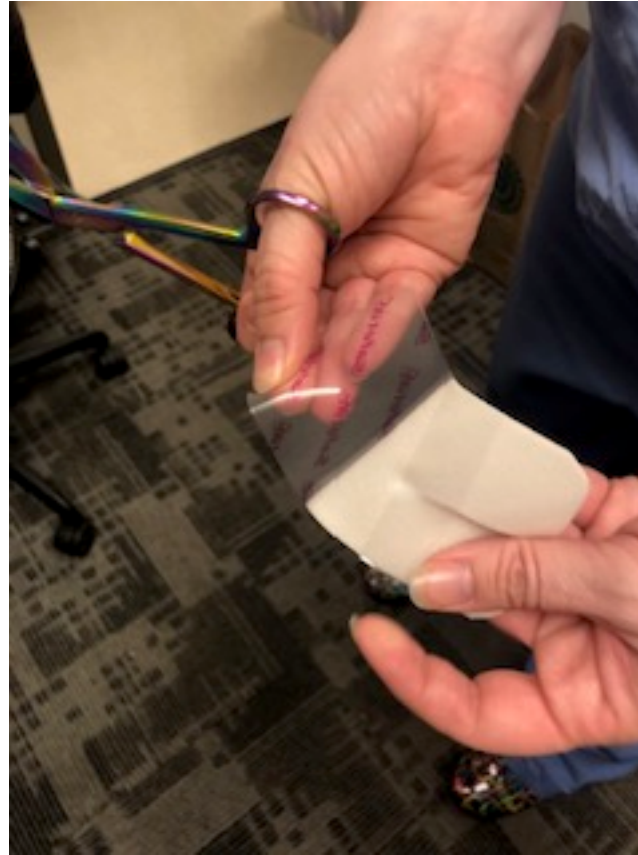
Ear Protection



- Cut a piece of Hy-Tape to fit over the TOP of your ear and down the posterior side. You may need 2 pieces if it's not wide enough

Mepilex Lite- Various Sizes

Cut with the silicone backing intact, then remove



Cut the Mepilex Lite to cover the bridge of the Nose and extend onto cheeks

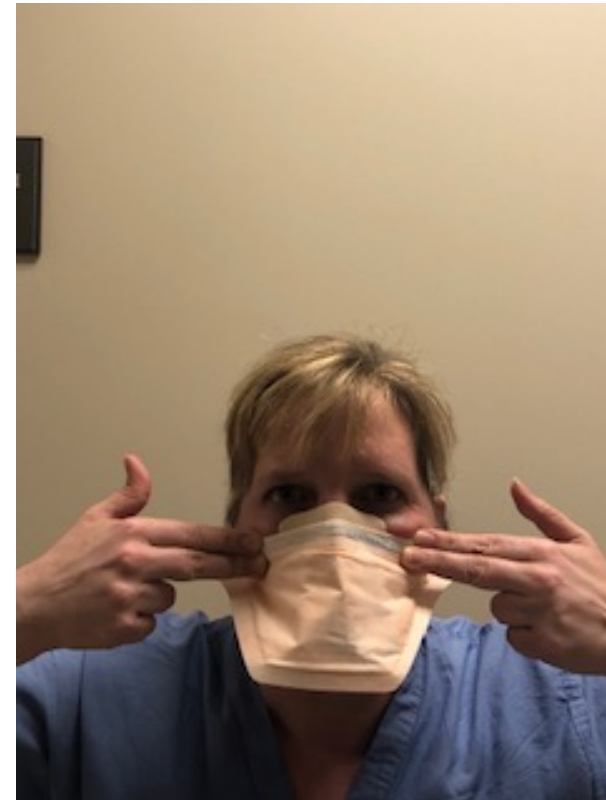
DO NOT OVERLAP the product

If more than 1 piece is needed (i.e. length is too small), place NEXT to the main piece

Only add pieces at the edges, NOT over the bridge of nose.



Mold the mask down your nose by
MILLIMETERS



Mirror Check/Buddy Check

