

Dr. Cathy Harmon is a Nurse Practitioner with the VA Medical Center in Lake City, FL. She provides wound and ostomy care to the Veteran Population in North Florida and South Georgia through the outpatient setting and via Telehealth. Dr. Harmon began her wound career in the long-term care setting in 2005 discovering that she had a love for wound care and later becoming wound care certified in 2010. She later became foot/nail and ostomy certified.

Dr. Harmon's 23 year RN career spanned many facets to include acute care, pediatrics, home health care, long-term care, Professor of nursing and wound care consulting. Dr. Harmon later accomplished her educational goals of obtaining her DNP as well as her APRN. She became a Board Certified ARNP in 2014 and began serving the Veteran population where she remains today.

Dr. Harmon is a member of AAWC, WOCN and she has served as a volunteer for the WOCNCB for several years with 2 terms as a Board member.

Topics: Skin issues in the Veteran spinal cord injury population, chronic/palliative wound management – a Nurse Practitioner's perspective, venous leg ulcers: treatment options and considerations, wound infection identification and management for nursing staff, wound care via Telehealth, wound care to homeless Veterans, periwound management, care of skin tears, educating staff and caregivers regarding wound care basics, non-surgical management of osteomyelitis.